



MAGNUM OPUS COURSE CURRICULUM

UPDATED AS OF JUNE 1ST 2026

www.theonelanceb.com



FOUNDATIONAL CONTENT

Welcome to Magnum Opus

- Welcome to Magnum Opus 01:18

Intro Block

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- Learning How to Think About Trading 03:29
- The Truth About the Learning Curve 04:37
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- How to Get the Most Out of This Course 02:47

Metalearning & The Process

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- The Trade Writeup 14:28
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- The Importance of Loss Limits 08:36
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- Is Reading the Tape Real!? 03:13
- Types of Buyers and Sellers 04:07

Psychology

- Intro Into Trading Psychology 02:58
- When to Focus on Trading Psychology 03:19
- The Psychology of Increasing Size 05:32
- Handling Drawdowns 13:25
- Overtrading 09:33
- Maladaptive vs Adaptive 06:32
- The Psychological Reality of Trading - 10/21/24 06:14



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- Swing Trading 12:17

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- Introduction to Options Trading 03:01
- The Dangers of Selling Options 03:09
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- The Best Practices for Selling Options 06:14
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Epilogue: Next Steps on Your Trading Journey

- What it Takes to Get into a Top Trading Firm 03:12
 - What's Next After Completing This Course? 02:22
 - Finding a Trading Pod 02:57
 - After Finding Success 01:20
 - Finding a Broker 01:24
 - A Final Thank You 04:42
-

ADVANCED TIER

(Includes all Foundational Content)

Case Studies

- \$ACB Breakout Dissected – 4/5/24 06:26
- \$GL Trade Review (ECHO + UMMM Remix!) – 4/11/24 24:09



• \$ARM vs \$PLTR Daily Chart Comparison (Nuances Matter!) – 4/17/24	07:19
• \$GME No Man’s Land Debate – 5/12/24	15:17
• \$FSLR Swing Setup & Others with Edge – 5/29/24	16:43
• \$MULN Layup Trades Dissected (How a Pro Trader Thinks)	25:30
• \$HUBS M&A Move Dissected – 7/15/24	10:47
• Semiconductor Top & Healthy vs Unhealthy Pullbacks – 7/30/24	36:36
• Thoughts Ahead of Manic Monday – 8/4/24	28:47
• Manic Monday Market Panic Dissected – 8/5/24	55:03
• \$DXYZ & Trump Euphoria Dissected – 11/12/24	27:01
• \$VVOS Deep Dive (A+ Trade or Hindsight?) – 12/1/24	41:46

Playbooks

• Types of Trading Strategies	03:20
• The Most Important Variable in Trading	05:05
• The Bouncy Ball Breakdown	03:13
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• Dissecting the Various News Sources	05:49
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• Interpreting a Headline	03:33
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• Hot IPO Compilation + Analysis	40:36

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(Top Opportunities Dissected — Monthly Deep Dives)

• April 2026 – Top Opps Dissected	25:28
• March 2026 – Top Opps Dissected	24:25
• February 2026 – Top Opps Dissected	18:49
• January 2026 – Top Opps Dissected	23:34
• 2025 Best of the Best!	17:36



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● August 2025 – Top Opps Dissected	36:44
● July 2025 – Top Opps Dissected	32:40
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● March 2025 – Top Opps Dissected	16:49
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● October 2023 – Top Opps Dissected	18:01
● September 2023 – Top Opps Dissected	27:27
● August 2023 – Top Opps Dissected	23:56
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Bonus Content

- Quantum Sector October '25 Analysis 01:01:39
- UPDATE: \$CRCL Big Opp Follow-Up 6/26 41:49
- \$CRCL 6/19 Gameplan Prep 17:57
- The Truth About Funded Trader Programs 57:06
- February 2024 – SMCi Charity Trade Review Session 02:49:59
- May 2024 – \$AMC \$GME Charity Review Session 02:57:52

Timely Market Prep

- 5/31/26 – Weekly Market Prep 13:05
- 5/17/26 – Weekly Market Prep 04:39
- 5/10/26 – Weekly Market Prep 08:29
- 3/8/26 – Weekly Market Prep 17:28
- 11/16/25 – Weekly Market Prep 48:18
- 11/9/25 – Weekly Market Prep 35:55
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- 10/12/25 – Weekly Market Prep 01:03:09
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- 9/28/25 01:12:07

Futures

- Who Should Utilize Funded Trader Programs and Who Should Avoid Them? 03:17
- What to Look for in a Funded Trader Program? 04:06



ELITE TIER

(Includes all Foundational + Advanced Content)

Applied Psychology

- Dr. Jonathan Katz Introduction 00:57
- Dr. Katz: The Comparison Game 09:27
- Dr. Katz: Your Relationship with Money 12:02
- Dr. Katz: Holistic Health & Wellness 13:41
- Dr. Katz: Traders vs. High Performance Athletes 10:27
- Dr. Katz: Handling Drawdowns 08:55
- Dr. Katz: Dealing with Success 11:53
- Dr. Katz: Emotions in Trading 07:24
- Dr. Katz: Rage Trading 10:05
- Dr. Katz: Gratitude 08:20
- Dr. Tom Crawford: Performance Coach to Olympians, CEOs & Traders 01:27
- Crawford: High Performance Psychology For Traders 07:02
- Crawford: Excellence in Trading 04:08
- Crawford: Disappointment vs Discouragement 16:07
- Crawford: Gaining Experience & Finding Flow 13:32
- Crawford: High Performance Toolkit - Monitoring Your Self-Talk 15:15
- Crawford: High Performance Toolkit - Journaling for Traders 08:34
- Crawford: Common Traits of High Performers 06:27

Daily Report Cards (Downloadable)

- 2018 Daily Report Card Compilation 01:12
- 2019 Daily Report Card Compilation 00:45
- 2020 Daily Report Card Compilation 00:41



Case Study Deep Dives

• \$ACB Breakout Dissected – 4/5/24	06:26
• \$GL Trade Review (ECHO + UMMM Remix!) – 4/11/24	24:09
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• \$CAR - Current Thoughts as of 4/22/2026	09:32
• \$CAR 2026 Saga Dissected	27:37

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• May 2026 – AMA	01:11:25
• April 2026 – AMA	01:45:04
• March 2026 – AMA	01:42:41
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